



# WEEKLY SCHEDULE

14TH-20TH OF APRIL 2025

MONDAY

08.30-09.30 am  
MonYay Yoga  
with Bee Lee  
Eco Lake,  
Botanic Gardens

TUESDAY

11.30-12.30 pm  
Corporate Yoga  
South 32  
with Hwee  
Raffles City

11.30-12.30 pm  
Corporate Yoga  
Mott McDonald  
with Bee Lee  
Gateway East

WEDNESDAY

07.00-08.15 am  
Early Rise  
with Hwee  
Eco Lake,  
Botanic Gardens

08.30-09.45 am  
Shine&Rise  
with Hwee  
Eco Lake,  
Botanic Gardens

THURSDAY

FRIDAY

07.30-08.30 am  
Gentle Yoga  
with Hwee  
Eco Lake,  
Botanic Gardens

SATURDAY

08.30-09.30 am  
Feel Good Yoga  
with Bee Lee  
Eco Lake,  
Botanic Gardens

BOOKING & INFO: [AY-YOGA-AY.COM](http://AY-YOGA-AY.COM)